

COMMUNITY NEWS

Friendly Village of Gorham

January 2025

Happy New Year
2025

Don't forget to get your dog registered with the Gorham Town Clerk's Office before January 31, 2025 to avoid paying a \$25 fine.

Once licensed, please bring proof and copy of Rabies vaccination to the Friendly Village Office for our files. **Proof of current inoculations for dogs and cats is also required yearly.**

Congratulations to the
2024 Community Holiday
Raffle Winners

Javon Clark
Cindy Croy
John Brooks
Joseph Braica
Roger Guthrie
Todd & Stacey Babb
Sarah Morrill
John Smith
James Gervais
Maria Gagnon
Tina Nydam



Happy Birthday to all Residents who are celebrating January birthdays.

We hope you have a great one!

Don't Forget to Lockup

Lock the doors and windows of your home. Lock your car doors, trunks, and truck toolboxes. Never leave valuables in your vehicle. Always report any mischievous conduct to the police.



MANAGER'S CORNER

2025 is finally here, I hope you all had a great holiday with family and friends! With very little snow to date, I have included a few reminders for when it does come and it will! Please no parking on the streets during or after snowstorms. Obstacles in the roadway during a storm are very hard to work around. We would hate to cause damage or hardship for anyone. Residents are reminded to remove the snow after six inches or more has accumulated on your roof; this will prevent ice dam build-ups causing water to back up into your home. If you haven't removed your hose from the sill cock, you better do it now. It's possible that damage has already occurred.

JOHN L. RICHARD

Be prepared for power outages. The cold weather brings snow and ice storms which could cause power outages. Prepare yourselves by stocking up on batteries, canned goods, bottled water, a hand-crank can opener, (Don't forget this. It's nearly impossible to open a can without one.) flashlights, battery operated lanterns, extra blankets, etc. You should have a battery-operated radio handy, to listen to emergency broadcasting, weather updates, etc.

What to do when the power goes out:

1. Keep refrigerator and/or freezer closed as much as possible.
2. Unplug all sensitive electronic equipment, including TVs, stereo, VCR, microwave oven, computer, cordless telephone, and answering machine, in the event of a power surge when the power comes back on.
3. Dress in layers of loose fitting, lightweight, warm clothing.
4. If your medications require refrigeration, check with your pharmacist for advice on storing medications during extended power outages.
5. If you notice any downed power lines, stay away from them and contact CMP immediately. Keep kids and pets away from them, too.
6. Watch for signs of hypothermia: uncontrollable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness and apparent exhaustion. If symptoms are detected, get the victim to a warm location, remove any wet clothing, warm the center of the body first and give warm, non-alcoholic beverages, if the victim is conscious. Get medical help, as soon as possible.

Although generators have been installed at the Water Building and for Sewage, there may still be instances where a Boil Order will still be necessary (water main breaks, etc.). Notices will be posted on our Friendly Village Facebook page, at the Friendly Village mailboxes, and Main Entrance. You may also inquire at the office.

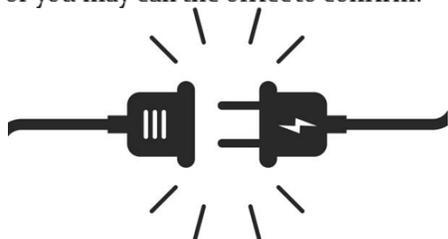
Why do I have to boil my water? A "Boil Water Order" is issued as a preventative measure, if there is a possibility of contamination in the drinking water system. This is a precautionary measure and will likely occur any time we have to shut down water service for extended periods of time. It is suggested to always keep several gallons of water on hand for drinking, frequently rotating the gallons with fresh water.

What should I do? You should boil any water you are going to consume for drinking, mixing baby's formulas, washing vegetables, brushing teeth or making ice, for at least five minutes.

What about cooking and washing? If you are going to boil the water while cooking, prior boiling is not necessary. It is not necessary to boil water for washing clothes, dishes or bathing. Small children should be monitored so they don't swallow the bath water.

How long will the Boil Order Last? The boil order must remain in effect until we have lab results from our testing lab and certification from the State of Maine Drinking Water program allowing us to lift the boil order. These tests take, at a minimum, 24 hours.

How do I know the boil order has been lifted? Notices will be posted on Facebook, at the Friendly Village mailboxes and Main Entrance, or you may call the office to confirm.



CMP Outage and Storm Assistance

(24 hours a day, every day)

If you are experiencing a life-threatening emergency, please call 911 immediately.

- To report an outage, use our [online form](#).
- To receive updates on restoration, visit [Outage Central](#).
- During major storm events, we also offer updates on [Twitter](#) and [Facebook](#).
- Download our [mobile app](#) to quickly report an outage and receive outage updates.
- Otherwise please contact us at [800.696.1000](tel:800.696.1000) for outages or trouble.

Food Safety Tips During Power Outages

- Keep an appliance thermometer in the refrigerator and freezer at all times to see if food is being stored at safe temperatures (40 degrees F) for the refrigerator; 0 degrees F for the freezer. Most foodborne illness is caused by bacteria that multiply rapidly at temperatures above 40 degrees F.
- Leave the freezer door closed. A full freezer should keep food safe for about two days; a half-full freezer for about one day. Add bags of ice or dry ice to the freezer if it appears the power will be off for an extended period of time. You can safely refreeze thawed foods that still contain ice crystals or feel cold and solid to the touch.
- Refrigerated items should be safe as long as the power is out no more than about four to six hours. Discard any perishable food that has been above 40 degrees F for four hours or more and any food that has an unusual odor, color, or texture. A helpful rule of thumb is "when in doubt, throw it out."
- Leave the refrigerator door closed as much as possible. Every time you open it, cold air escapes and the temperature rises. If it appears the power will be off more than six hours, transfer refrigerated perishable foods to an insulated cooler filled with ice or frozen gel packs. Keep a thermometer in the cooler to be sure the food stays at 40 degrees F or below.
- Never taste food to determine its safety. Some foods may look and smell fine, but if they've been at room temperature longer than two hours, bacteria can multiply very rapidly. Some types will produce toxins that are not destroyed by cooking and could make you sick.

One-Pot Beef Stroganoff Soup

Classic beef stroganoff is transformed into a hearty, yet light soup. No need to cook the noodles first, because it's all made in one pot. Easy weeknight dinner!

Prep Time: 15minutes

Cook Time: 15minutes

Total Time: 30minutes

Servings: 6

Author: Amy Flanigan

Ingredients

- 2 tablespoons unsalted butter
- 1 pound beef sirloin, trimmed of fat, thinly sliced into bite-sized strips
- salt and pepper
- 8 ounces sliced crimini mushrooms
- 1 medium sweet onion , diced
- 3 cloves garlic , minced
- 2 tablespoons tomato paste
- 1 tablespoon Worcestershire sauce
- 5 cups low-sodium beef stock (or chicken stock)
- 1-1/2 cups dried egg noodles
- 1/2 cup sour cream
- 2 tablespoons all-purpose flour
- chopped fresh parsley for garnish (optional)

Instructions

In a large pot or dutch oven, melt butter over medium-hi heat. Sprinkle the meat with some salt and pepper to taste add to the pot and give it a quick sear, 1-2 minutes on each side. Using a slotted spoon, transfer meat to a bowl; keep warm. (At this stage the beef will still have specs of pink. Don't worry! It will finish cooking in the soup.)

Add the mushrooms, onion, and garlic to the pot; saute until the vegetables have softened, about 3 minutes. Season with a touch of salt and pepper.

Stir in the tomato paste and Worcestershire sauce.

Pour in the beef stock; bring to a boil.

Add in the dried noodles. Reduce heat to a simmer and cook for 5-7 minutes until al dente.

In a bowl or large measuring cup, combine the sour cream and flour. Whisk in 1 cup of the hot soup until combined; pour mixture back into the pot. Cook and stir for 1-2 minutes to thicken.

Add the seared meat back to the pot and simmer for a few more minutes to cook through.

Adjust seasoning with a little more salt and pepper, if necessary.

January Dates to Remember

1	New Year's Day
4	National Spaghetti Day
7	Orthodox Christmas
19	World Snow Day
20	Martin Luther King, Jr. Day
23	National Pie Day
24	International Day of Education
29	Lunar New Year
31	National Hot Chocolate Day



Do you need a little extra assistance with your groceries?

The Gorham Food Pantry offers food assistance at no cost to any Gorham resident in need.

Gorham Food Pantry
299-B Main St., Gorham

Open Thursdays 9-11AM

For additional information visit the Gorham Town Office.

JUMBLE

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

PRHOM
○ ○ ○ ○ ○

SREPS
○ ○ ○ ○ ○

TOGHAC
○ ○ ○ ○ ○

EGANAD
○ ○ ○ ○ ○

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○ ○ ○ ○ ○

Get the free JUST JUMBLE app - Follow us on Twitter @PlayJumble

THAT SCRAMBLED WORD GAME

By David L. Hoyt and Jeff Knurek



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

○ ○ ○ ○ ○ ○ ○ ○ ○ ○

Solution on back page



POLICE - FIRE- RESCUE,
Emergency dial: 9-1-1

Non-emergency dial: 839-5581

**For Friendly Village
Maintenance Emergencies:
Water-Sewer-Power
Dial Friendly Village Pager:
207-400-0368**

For Use In An Emergency Only
Weekends & After Office Hours

Friendly Village of Gorham

5 Ash Drive, Gorham, ME 04038

Phone: 839-5577 Fax: 839-3233

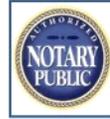
friendlyvillage@mainemobilehomes.com

www.mainemobilehomes.com

facebook.com/friendlyvillage.ofgorham

Office Hours: Mon-Fri 9-4

Notary services are available in
the Friendly Village Office.



**Anyone who would like to
advertise snow removal
services, etc., please call the
office to advertise here on
the newsletter, 839-5577**



Classic Jumble Answers
MORPH
PRESS
GOTCHA
AGENDA

Surprise puzzle answer

The TV documentary on the Apollo 11 Moon
landing mission was a – SPACE PROGRAM

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